

Jeff Rouse Swim and Sport Center * JCLUB AGREEMENT

Welcome to the JCLUB! Our service provides parents with the opportunity to exercise while their children are cared for in a safe and nurturing environment. The JCLUB is for children ages 10 weeks to 12 years old. To ensure the best experience possible, we ask that you follow the guidelines listed below. Failure to abide by these guidelines may result in suspension or termination of services.

1. You may only sign in your own child/children.
 2. The person who signs in the child is the only person who may sign out the child.
 3. Children may be signed in to our services for a maximum of 2 hours per day.
 4. You must stay on JRSSC property while your child/children are signed in.
 5. Close toed shoes are required in all program areas. Infants who have begun pulling up or "cruising" must also wear shoes (Robeez-type shoes are sufficient). Infants who are not yet mobile do not need footwear.
 6. Snacks are not allowed.
 - a. Drinks *water only* (in spill-proof cups or bottles) are allowed in all program areas.
 - b. All drinks must be labeled with your child's name.
 7. JCLUB staff are not permitted to change diapers
 - a. We would appreciate it if all children be taken to the restroom and diapers be changed before entering the JCLUB. This will help us to avoid having to interrupt your workout and limit trips to the restroom.
 8. Ill children may not be signed in. At staff discretion, we may ask you to remove your child if they appear to be ill. Illness includes, but is not limited to:
 - a. Fever greater than 100° - Must be fever free for 24 hours without medication
 - b. Diarrhea - No frequent, runny, or watery stools for 24 hours
 - c. Vomiting - Must not have vomited for at least 24 hours
 - d. Conjunctivitis/Pink Eye - Puffy, red, or irritated cornea with drainage. Must be on antibiotics for 24 hours before returning to our care
 - e. Lethargy - If your child is lethargic or "just isn't him/herself" they may be coming down with something and may need to rest at home.
 9. Children who bite or are otherwise aggressive/disruptive will receive a behavior report and their parent will be called to remove the child for the day immediately. If a child receives 3 behavior reports, that child will be suspended from using any of the JCLUB services for 1 week.
 10. Due to liability, parents are not allowed to stay in the JCLUB with their children for more than 5 minutes.
 11. When space allows, the staff may have some children in the multipurpose room or gymnasium. Please let the staff know if this is an issue.
- **JCLUB Hours (Ages 10 weeks - 12 years)**
 - **Monday - Friday 8:30am - 1pm**
 - **Monday - Thursday 4pm - 8:30pm**
 - **Friday - 4pm - 8pm**
 - **Saturday - 8:30am - 1pm**
 - **Sunday - 9am - 1pm**

We look forward to caring for your child/children and getting to know your family!

Sincerely,

Your JCLUB Staff