

October 1st

**Monday**

= Lap Swimming    
  = Stafford Co. Programming    
  = Rental    
  = Closed    
  = Open Swim

**Competition Pool**

**Recreation Pool**

**Wellness Pool**

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Schedule is Subject to Change

Water Features in Recreation Pool will be off during Group Swim Lessons, Water Fitness Classes and Swim Team Practice  
Private and Semi-Private Lessons may take up lanes throughout the day



October 3rd

**Wednesday**

= Lap Swimming    
  = Stafford Co. Programming    
  = Rental    
  = Closed    
  = Open Swim

	Competition Pool											Recreation Pool						Wellness Pool																																																																																																																																																																													
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 Private and Semi-Private Lessons may take up lanes throughout the day

October 4th

**Thursday**

= Lap Swimming    
  = Stafford Co. Programming    
  = Rental    
  = Closed    
  = Open Swim

	Competition Pool											Recreation Pool						Wellness Pool											
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	1	2	3	4	5	6	Splash
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Schedule is Subject to Change

Water Features in Recreation Pool will be off during Group Swim Lessons, Water Fitness Classes and Swim Team Practice  
 Private and Semi-Private Lessons may take up lanes throughout the day

October 5th

**Friday**

= Lap Swimming    
  = Stafford Co. Programming    
  = Rental    
  = Closed    
  = Open Swim

	Competition Pool											Recreation Pool						Wellness Pool													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	1	2	3	4	5	6	Splash		
5:00 AM	B U L K H E A D																														
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6:30 AM																									Water Aerobic 5:45-6:45am						
7:00 AM																															
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8:30 AM																															
9:00 AM																									Water Aerobics 10-11am						
9:30 AM																															
10:00 AM																									Closed for Vacuuming 12-1 pm						
10:30 AM																															
11:00 AM																															
11:30 AM																															
12:00 PM	Closed for Vacuuming 1-2 pm																														
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5:00 PM	RAYS 5:30-7:15pm			RAYS 5-6:15pm			STAT 5:30-7pm			STAT 5-5:45pm																					
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6:00 PM	RAYS 6:15-7:15pm			STAT 5:45-7pm																											
6:30 PM																															
7:00 PM	Water Aerobics 8:30-9:30am																														
7:30 PM																															
8:00 AM	Open Swim 11am-9pm																														
8:30 AM																															
9:00 AM	Water Aerobics 6:30-7:30p																														
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Schedule is Subject to Change

Water Features in Recreation Pool will be off during Group Swim Lessons, Water Fitness Classes and Swim Team Practice  
Private and Semi-Private Lessons may take up lanes throughout the day

October 6th

**Saturday**

= Lap Swimming  
  = Stafford Co. Programming  
  = Rental  
  Closed  
  = Open Swim  
  = Diving Boards

		Competition Pool																							
		1	2	3	4	5	6	7	8	9	10	11													
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7:30 AM	7:15-9:45																								
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11:00 AM	<b>Stafford Co. Diving</b>																								
11:30 AM	11-12 pm																								
12:00 PM	<b>Diving Boards Open</b>																								
12:30 PM	12 pm - 6:45 pm																								
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		Recreation Pool						Wellness Pool
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8:00 AM	<b>Closed 8-9a</b>							
8:30 AM	Water Aerobics							
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7:00 AM	<b>Open</b>
7:30 AM	7-9am
8:00 AM	
8:30 AM	
9:00 AM	<b>Little Fish</b>
9:30 AM	9-1pm
10:00 AM	
10:30 AM	
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1:00 PM	<b>Open</b>
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Schedule is Subject to Change

Water Features in Recreation Pool will be off during Group Swim Lessons, Water Fitness Classes and Swim Team Practice  
 Private and Semi-Private Lessons may take up lanes throughout the day

October 7th

**Sunday**

= Lap Swimming  
  = Diving Boards  
  = Closed  
  = Open Swim

	Competition Pool											Recreation Pool						Wellness Pool												
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	1	2	3	4	5	6	Splash	
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12:00 PM	<b>Diving Boards Open</b>										B U L K H E A D																			
12:30 PM	12-5:45pm																													
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Schedule is Subject to Change

Water Features in Recreation Pool will be off during Group Swim Lessons, Water Fitness Classes and Swim Team Practice  
 Private and Semi-Private Lessons may take up lanes throughout the day