

June 19 - June 30

Monday

= Lap Swimming
 = Stafford Co. Programming
 = Rental

= Closed
 = Open Swim

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20														
5:00 AM									Pool Set up in Long Course Only 8 Lanes Available												B U L K H E A D													
5:30 AM	Aerobics	USMS																																
6:00 AM	5:45-6:45	5:30-6:45																																
6:30 AM			STAT																															
7:00 AM			6:30-7:30																															
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10:00 AM	Aerobics							12p																										
10:30 AM	10-11am																																	
11:00 AM	Aerobics																																	
11:30 AM	11a-12p																																	
12:00 PM	Pool Closed to Switch to Short Course Lanes																																	
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5:00 PM	STAT							4:30																										
5:30 PM	5-5:45pm							7:30																										
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	1	2	3	4	5	6	Splash
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7:30 AM							
8:00 AM							
8:30 AM	Water Aerobics						
9:00 AM	8:30-9:30am				Swim		
9:30 AM					Lessons		
10:00 AM					9-10:20am		
10:30 AM	Swim Lessons				No Open Sw		
11:00 AM	10:30a-12pm						
11:30 AM							
12:00 PM					Open Swim		
12:30 PM					12pm-4:30pm		
1:00 PM							
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3:30 PM							
4:00 PM							
4:30 PM	Swim						
5:00 PM	Lessons						
5:30 PM							
6:00 PM	4:30-7:30 PM						
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7:00 PM							
7:30 PM					Open Swim		
8:00 PM					7:30-9 PM		
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7:00 AM	
7:30 AM	
8:00 AM	Open
8:30 AM	8-10a
9:00 AM	
9:30 AM	
10:00 AM	Little
10:30 AM	Fish
11:00 AM	10-12p
11:30 AM	
12:00 PM	Open
12:30 PM	12-4p
1:00 PM	
1:30 PM	
2:00 PM	
2:30 PM	
3:00 PM	
3:30 PM	
4:00 PM	Little
4:30 PM	Fish
5:00 PM	4-7pm
5:30 PM	
6:00 PM	
6:30 PM	
7:00 PM	Open
7:30 PM	7-9pm
8:00 PM	
8:30 PM	
9:00 PM	

****Schedule is Subject to Change****

Water Features in Recreation Pool will be off during Swim Lessons and Water Fitness Classes

Private and Semi-Private Lessons may take up lanes throughout the day

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Tuesday

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Competition Pool																				Recreation Pool							Wellness Pool																
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	1	2	3	4	5	6	Splash																
5:00 AM									Pool Set up in Long Course Only 8 Lanes Available																																		
5:30 AM	USMS																																										
6:00 AM	5:30-6:45																																										
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7:00 AM	RAYS																																										
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Competition Pool																				Recreation Pool							Wellness Pool														
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	1	2	3	4	5	6	Splash														
5:00 AM									B U L K H E A D Pool Set up in Long Course Only 8 Lanes Available																																
5:30 AM	Aerobics																																								
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11:00 AM	Aerobics																																								
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9:00 PM																																									

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Water Features in Recreation Pool will be off during Swim Lessons and Water Fitness Classes

Private and Semi-Private Lessons may take up lanes throughout the day

June 19 - June 30

Thursday

= Lap Swimming
 = Stafford Co. Programming
 = Rental
 = Closed
 = Open Swim

Competition Pool																				Recreation Pool							Wellness Pool																											
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	1	2	3	4	5	6	Splash																											
5:00 AM									Pool Set up in Long Course Only 8 Lanes Available																																													
5:30 AM	USMS																																																					
6:00 AM	5:30-6:45																																																					
6:30 AM				STAT																																																		
7:00 AM	RAYS			6:30 - 7:30																																																		
7:30 AM	7:15-7:45 am							STAT																																														
8:00 AM	RAYS							7:30-8:30																																														
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10:00 AM	Aerobics							12p																																														
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June 19 - June 30

Friday

= Lap Swimming
 = Stafford Co. Programming
 = Rental

= Closed
 = Open Swim

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20													
5:00 AM									Pool Set up in Long Course Only 8 Lanes Available																								
5:30 AM	Aerobics																																
6:00 AM	5:45-6:45a																																
6:30 AM				STAT	6:30-7:45 am	7:45-8:30 am																											
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7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM	Water Aerobics						
9:00 AM	8:30-9:30am						
9:30 AM							
10:00 AM							
10:30 AM							
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4:30 PM							
5:00 PM	STAT						
5:30 PM	5-5:45p						
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6:30 PM	Water Aerobics						
7:00 PM	6:30-7:30pm						
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	Wellness Pool
5:00 AM	
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8:00 AM	Open
8:30 AM	8-10a
9:00 AM	
9:30 AM	
10:00 AM	Little
10:30 AM	Fish
11:00 AM	10-12p
11:30 AM	
12:00 PM	Open
12:30 PM	12-9p
1:00 PM	
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8:30 PM	
9:00 PM	

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Private and Semi-Private Lessons may take up lanes throughout the day

June 19 - June 30

Saturday

= Lap Swimming
 = Stafford Co. Programming
 = Rental
 Closed
 = Open Swim
 = Diving Boards

		Competition Pool										Recreation Pool						Wellness Pool												
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	1	2	3	4	5	6	Splash		
7:00 AM		STAT										RAYS														7:00 AM		Open		
7:30 AM		7:15-9 am										7:15-9:15 am														7:30 AM		7-9am		
8:00 AM																										8:00 AM		Closed 8-9a (23)		
8:30 AM																										8:30 AM		Water Aerobics		
9:00 AM																										9:00 AM		Closed 9-10 (23)		
9:30 AM		9-9:30 am																								9:30 AM		Water Aerobics		
10:00 AM												US Masters														10:00 AM		Open Swim		
10:30 AM												9:30-10:30am														10:30 AM		10-6:45pm		
11:00 AM																										11:00 AM		Little		
11:30 AM																										11:30 AM		Fish		
12:00 PM		Diving Boards Open																								12:00 PM		9-1pm		
12:30 PM		12-6:45pm																								12:30 PM				
1:00 PM		No Open Swim																								1:00 PM		Open		
1:30 PM																										1:30 PM		1-6:45pm		
2:00 PM																										2:00 PM				
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Schedule is Subject to Change

Water Features in Recreation Pool will be off during Swim Lessons and Water Fitness Classes
 Private and Semi-Private Lessons may take up lanes throughout the day

June 19 - June 30

Sunday

= Lap Swimming
 = Diving Boards
 = Closed
 = Open Swim

	Competition Pool											Recreation Pool						Wellness Pool																														
	1	2	3	4	5	6	7	8	9	10		11	12	13	14	15	16	17	18	19	20	1	2	3	4	5	6	Splash																				
8:00 AM																												8:00 AM	Open																			
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12:00 PM	Diving Boards Open																										12:00 PM																					
12:30 PM	12-5pm																										12:30 PM																					
1:00 PM	No Open Swim																										1:00 PM																					
1:30 PM	No Open Swim																										1:30 PM																					
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4:30 PM	No Open Swim																										4:30 PM																					
5:00 PM	Pool Closed to Switch to Long Course Lanes																																													5:00 PM		
5:30 PM																																															5:30 PM	
6:00 PM																																															6:00 PM	

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 Private and Semi-Private Lessons may take up lanes throughout the day