

# AROUND THE ROUSE CENTER

A weekly newsletter brought to you by the Jeff Rouse Swim and Sport Center

7.6.18

## Top stories in this newsletter



New Golf Camp Added



Stafford Race Series



Summer Basketball League News



Summer Sessions of Dance

## Summer Sports Camps



Several weeks of camp are now full, but we still have space available in the following camps:

**July 16-20:** Summer Kickoff Camp with Stafford Soccer, Volleyball Camp with JK Sports, and NEW half day Golf Camp with Augustine

**July 23-27:** Footskills Camp with Stafford Soccer, Basketball Camp for ages 6-10 with JK Sports

**July 30-Aug 3:** Elite Training Camp with Stafford Soccer, Basketball Camp for ages 13-16 with JK Sports

**August 6-10:** Full day golf camp with Augustine

For more information go to [www.rousecenter.com](http://www.rousecenter.com).

## Stafford Race Series this Fall



Stay focused and committed to your running throughout the fall with the Stafford Race Series! Register for the full series to save on registration fees. Complete all three races and receive a special race series medal and t-shirt. There's a long course series for adults and youth and a short course series for kids!

Cannon Run 4 Miler & 1K Kids Run - September 9th

Halloween 5K & Monster Mile - October 27th

Frosty 5K & Reindeer Run - December 15th

[www.tourstaffordva.com/stafford-race-series/](http://www.tourstaffordva.com/stafford-race-series/)

## Youth Basketball is Underway



Youth basketball league practices have begun and games start this Saturday. For details on practices, games, rules, and rosters check out our website: [rousecenter.com/league/youth-summer-basketball/](http://rousecenter.com/league/youth-summer-basketball/)

If you have any questions or need additional information, please contact Seth Perdue at [sperdue@rousecenter.com](mailto:sperdue@rousecenter.com).

## Swing, Ballet, Jazz, and Zumbini Start Soon!



Learn to swing dance this summer! It's a great way to stay active and learn something new. The 4 week summer session will begin July 12.

Zumbini is back for a summer mini session. Zumbini is specifically designed for children ages 0-3, with a caregiver, and combines music, movement, and early childhood education to provide non-stop bonding and fun! Classes begin July 7 and July 11.

Ballet and Jazz classes begin next week! Choose from pre-ballet, beginning ballet, intermediate ballet or jazz to keep your kids moving this summer.

Jeff Rouse Swim and Sport Center  
[info@rousecenter.com](mailto:info@rousecenter.com)  
1600 Mine Road, Stafford, VA 22554  
(540) 318-6332



[www.rousecenter.com](http://www.rousecenter.com)