

# AROUND THE ROUSE CENTER

A weekly newsletter brought to you by the Jeff Rouse Swim and Sport Center

10.14.18

## Top stories in this newsletter



Upcoming Races



Pumpkin Patch in The Pool



Homeschool Gym & Swim Session 2



Save the Date

## Upcoming Halloween 5K & Monster Mile



Run with us on October 27th for our 3rd annual Halloween 5K and Monster Mile hosted by the Jeff Rouse Swim and Sport Center and Newland Communities. Pick out your costumes and bring your family and friends to run with you or cheer you on! If you are interested in volunteering on race morning, please email [eschellenbach@rousecenter.com](mailto:eschellenbach@rousecenter.com).

## Pumpkin Patch In The Pool



Who said pumpkins can't swim? Get your pumpkin from the pool, decorate it and after all your hard work, swim awhile! Friday, Oct. 26th from 6:00-8:00pm. One pumpkin per child will be provided. Ability to swim is not required; pumpkins will also be available on the pool deck. Cost is \$15. Pre-registration is required at [www.staffordparks.com](http://www.staffordparks.com)

## Homeschool Swim & Gym Session 2 Dodgeball



Our next Homeschool Gym & Swim session will be held Oct. 29th - Dec. 17th. This is a 7-week session for children in grades 1 - 8. The Gym program will be held on Mondays from 1:00 - 2:30pm. Children will learn the rules and play organized games of Dodgeball. We will use soft dodgeballs and safety will be a priority. The Swim program will be held on Wednesdays and Thursdays from 1:00 - 2:30pm. Children will have the opportunity for open swim with other homeschool peers one day per week. Register online today at [rousecenter.com](http://rousecenter.com).

## Upcoming Events / Reminders!



**Lifeguarding Classes** - Visit [rousecenter.com](http://rousecenter.com) for more info.

Oct. 20th & 21st (Pre-test Oct. 11th)

Nov. 17th & 18th (Pre-test Nov. 8th)

Dec. 15th & 16th (Pre-test Dec. 6th)

**Lil Tumblers** - Registration for Session 2, which runs from Oct. 30th—Dec. 12th, is now open. Check our website for more details.

**Monster Mile / Halloween 5k** - Oct. 27th. Don't forget to register ahead of time online at [rousecenter.com](http://rousecenter.com).

Jeff Rouse Swim and Sport Center  
[info@rousecenter.com](mailto:info@rousecenter.com)  
1600 Mine Road

Stafford, VA 22554  
(540) 318-6332

[www.rousecenter.com](http://www.rousecenter.com)

