

AROUND THE ROUSE CENTER

A weekly newsletter brought to you by the Jeff Rouse Swim and Sport Center

10.19.18

Top stories in this newsletter



Upcoming Races



Imbibe Craft Beer and Arts Festival



Halloween Group Ex Schedule



Save the Date

Upcoming Halloween 5K & Monster Mile



Run with us on October 27th for our 3rd annual Halloween 5K and Monster Mile hosted by the Jeff Rouse Swim and Sport Center and Newland Communities. Pick out your costumes and bring your family and friends to run with you or cheer you on! If you are interested in volunteering on race morning, please email eschellenbach@rousecenter.com.

Imbibe Craft Beer and Arts Festival at the Fredericksburg Field House



After you have completed the Halloween 5K on Saturday, October 27th, head over to the Fredericksburg Field House for the Imbibe Craft Beer and Arts Festival from 2 - 6pm. All race participants will receive \$10 off tickets by using promo code "race4beer". The North Mississippi All Stars, People's Blues of Richmond, and The Trongone Band will be performing on stage. There will be 100+ craft brews and food trucks. So get your race on in the morning, and then come relax and enjoy some music and local craft brews at the Fredericksburg Field House.

Halloween Group Ex Schedule



Come join us on Wednesday, October 31st for our Halloween themed classes. We will be only offering our 6:15pm Cycle class, and our 6:15pm Mixed Fit class. All other classes that evening will be cancelled so families may enjoy the holiday together. Come join the fun before trick-or-treating with the little ones, and don't forget to wear your costume!

Upcoming Events / Reminders



Lil Kickers - Online registration for **new sign-ups** for the January session will open October 20th.

Lil Tumblers - Registration for Session 2, which runs from October 30th—December 12th, is now open. Check our website for more details.

Monster Mile / Halloween 5k - October 27th. Don't forget to register ahead of time online at racetimingunlimited.com

Lifeguarding Classes - Visit rousecenter.com for more info.

November 17th & 18th (Pre-test November 8th)

December 15th & 16th (Pre-test December 6th)

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